



Schedule your own Biometric Screening

Schedule a Routine Well Care visit with your doctor and ask for the following:

- Health Screen/TSH/Cholesterol & CBC (Complete Blood Count)
- Blood Pressure, Height, Weight & Body Composition (BMI)
- PSA Prostate Specific Antigen- (For men, beginning at age 50)

After your visit, please bring a copy of your EOB (Explanation of Benefits statement) from BCBS to one of the HR offices. We do NOT need to see your results, please bring only the EOB!

Please schedule your appointment in time to turn in the EOB by the November 30th deadline.

You may obtain your EOB from your Blue Access account online:

Blue Cross Blue Shield Blue Access Login: <https://www.bcbsmt.com/Pages/registertips.aspx>

OR

Schedule a Screening with Billings Clinic Occupational Health:

Billings Clinic Occupational Health Dept.: (406) 247-6200 [Appointments are required.](#)

Be sure to indicate that this is a biometric screening for the Stillwater Mining Company Wellness program.

Occupational Health is open Monday-Friday from 7:30 AM – 4:00 PM.

Billings Clinic Occupational Health
1020 North 27th Street, Suite 301
Billings, MT 59101

Instructions for Screening:

- **Fast for at least 12 hours prior to your screening (Diabetics do not fast)**
- **Drink plenty of water before and after**
- **Wear loose sleeves**
- **Take prescribed medicines**

Preventive Care Benefits and Coverage for Biometric Screening:

(For more information on your own individual coverage and costs, please contact your doctor or Blue Cross Blue Shield directly)

<u>Benefits</u>	<u>In-Network Provider</u>	<u>Out-of-Network Provider</u>
Routine Well Care Ages birth through adult	COVERED 100% DEDUCTIBLE WAIVED	Covered 80% Deductible Waived
Hypertension (High Blood Pressure) Screening and Counseling	COVERED 100% DEDUCTIBLE WAIVED	Covered 80% Deductible Waived
Hyperlipidemia (High Cholesterol) Screening and Counseling	COVERED 100% DEDUCTIBLE WAIVED	Covered 80% Deductible Waived
Prostate Specific Antigen (PSA) Test	COVERED 100% DEDUCTIBLE WAIVED	Covered 80% Deductible Waived