

# Wellness

## Welcome to Wellness!

### Complete a wellness exam to save on your monthly insurance!

A **Wellness Confirmation Form** can be turned in to your site HR for a monthly \$75.00 credit on your insurance premium. If your spouse completes a wellness screening, an additional \$75.00 credit will apply.

Schedule a Routine Well Care visit with your doctor, along with the following labs:

- **Health Screen/TSH/Cholesterol & CBC (Complete Blood Count)**
- **Blood Pressure, Height, Weight & Body Composition (BMI)**
- **PSA Prostate Specific Antigen- (For men, beginning at age 50)**

After your visit, please bring a copy of your Wellness Confirmation Form to the HR offices.

**Please schedule your appointment in time to turn in the completed form by the December 31st deadline.**

### Schedule a Screening with Billings Clinic Occupational Health:

Billings Clinic Occupational Health Dept.: (406) 247-6200 Appointments are required.  
Be sure to indicate that this is a biometric screening for Sibanye-Stillwater Wellness program.

Occupational Health is open Monday-Friday from 7:30 AM – 4:00 PM.

Billings Clinic Occupational Health

1020 North 27th Street, Suite 301

Billings, MT 59101

Preventive Care Benefit	EPO & PPO In-Network	PPO Out-of-Network (EPO not covered out-of-network)
Routine Well Care (ages birth through adult)	COVERED 100%	Covered 80%
Hypertension (High Blood Pressure) Screening and Counseling	COVERED 100%	Covered 80%
Hyperlipidemia (High Cholesterol) Screening and Counseling	COVERED 100%	Covered 80%
Prostate Specific Antigen (PSA) Test	COVERED 100%	Covered 80%

