



Your Employer is a Corporate Partner with Granite Health + Fitness!

Here's what that means for you!

Discounted monthly rates and no initiation fee! This saves you between \$125.00 - \$175.00!

Membership Type	Monthly Dues	Your Discounted Monthly Dues
Single	\$64	\$53
Couple	\$97	\$85
Family	\$136	\$118

*One time \$50.00 processing fees

Perks of Granite Fitness:

- Open 7 days a week open as early as 4:30 a.m. on weekdays
- FREE classes offered daily
- Family memberships include free daycare - open 6 days a week
- All other memberships have access to daycare
- Pool, hottub, saunas, and steam rooms
- Basketball gym

Granite Health and Fitness Corporate Wellness Overview

Studies show that comprehensive workplace health and wellness programs benefit both you and your organization. When you incorporate a fitness component into your daily routine, you strengthen all areas of your life from your workplace, homelife, to social activities. Here are some ways that a health and wellness program can help you!

- Increased energy levels
- Improved morale
- Overall stress relief and better sleep
- General improvement of health and wellness
- Improved posture and body image

Upon joining, you will need to bring your work badge. We will waive your initiation fee and get you started with a membership that fits your needs! Also, with your membership, you will receive a free 30 minute orientation with a personal trainer! We are looking forward to having you as a member of our club!

Already a member?

That's great! Come into Granite and provide either a pay stub or work badge to show your association with your employer. We will have you fill out a quick form to update your membership and you will be set up with your new reduced monthly rate!

-The Granite Health + Fitness Team

